

Dr. William J. Erbe, D.C.
Erbe Chiropractic Center, Falls Church, Virginia

Bill was born December 22, 1949 in Passaic County, New Jersey to Dorothy and Edward Erbe. He has two older brothers. His parents both played golf and Bill began caddying for his father at the age of six to learn golf etiquette before he was allowed to play at the age of seven. Edward would take Bill to Passaic County Golf Course in Wayne, New Jersey on his way to work to allow Bill to play all day; many days he played 54 or 63 holes.

Bill attended Glassboro State College, now Rowan University, in Glassboro, New Jersey where he played on the golf team for two years before graduating in 1972 with a Bachelor of Arts degree in Psychology. He received a certificate of competence in Physical Therapy from the National College of Chiropractic (now National University of Health Sciences) in Lombard, Illinois in 1992. He has since become certified in Applied Kinesiology, the use of neurological muscle testing to diagnose and treat as well as a holistic approach to wellness; Cox Technique, the diagnosis and treatment of lower back and leg pain; Brimhall Wellness Technique including cold laser therapy, nutrition, joint manipulation, and advanced soft-tissue techniques to balance and strengthen muscles; CRA Spinal Rehabilitation; and Swing Dynamics, an accredited golf biomechanics study program.

Bill credits Dr. Bruce Carrick, D.C. from Wilmington, Delaware's Carrick Chiropractic Center with instilling the desire in him to reduce pain and suffering in all the people that he meets. Dr. Carrick was the first doctor that Bill consulted who alleviated a constant headache after three years of other treatments. As an individual, success is measured in the benefit of others. As a Chiropractic Physician, success is measured by how much of the natural healing ability is expressed by each and every patient. Bill strives to help all those who seek his care by learning the latest natural healing methods and applying every proven Chiropractic treatment. The relationship between doctor and patient is a special partnership formed to reduce the obstacles that stand in the way of the patient's fullest expression of wellness.

Dr. Erbe tries to convey the complexity of information provided in a useful way so that each patient may achieve a level of health and performance greater than even they could ever imagine. He hopes to make a difference in every patient who will then pass the information to friends and family for the benefit of future generations. Bill keeps in mind that every person has his/her own time table for when he or she is able to accept new information and ideas about health. To be effective in health education, Bill remains steadfast in his mission and uncompromising in his beliefs. He makes a difference by making useful information available to every patient and understands that they will assimilate it in their own time, on their own terms, and in their own way.

Amongst his accomplishments, Dr. Erbe received the 1993 President's Achievement Award from the Virginia Chiropractic Association for outstanding service to the Virginia

Chiropractic Association and all chiropractic patients of the Commonwealth of Virginia. He authored the presentation The Chiropractic Mandated Health Care Benefits Package to the state legislature that passed unanimously in 1992. He also received the Chiropractor of the Year Award from the Northern Virginia Chiropractic Society for his service as president of the Association. He was named the 1995 Top Sports Physician by Washingtonian Magazine. Bill received the 2001 and 2005 John Stoke Literary Award from the Virginia Chiropractic Association for published consumer information on health care. He has been a health writer for Pros N' Hackers magazine since 1999. Bill has also coordinated the Middle Atlantic PGA's Chiropractic Program, where he assembled a select group of Chiropractic Physicians who offer their services with no out of pocket expenses to MAPGA members, since 1999.

Bill and his wife, Dana L. Foley, have been happily married since 1993. She is also the office manager of the Erbe Chiropractic & Wellness Center. They not only work together, they also play golf together locally and at PGA West in LaQuinta, California as well as Arrow Creek Country Club in Reno, Nevada. Their favorite pastime is to play together in couples' tournaments around the country. Bill is a two-time Oldsmobile Scramble Finalist (1999), a Reno Amateur Challenge Finalist (2000), and a two-time PGA West Couples Member/Guest Champion (2003 and 2004).