



Trillium Sellers, PGA

College/University: Pitzer College, Claremont, CA

Year Turned Professional: 2003

Facility/Job Title: Chevy Chase Club-Teaching Professional
Jim McLean Golf School – Master Instructor

1. What was your motivation to become a PGA Professional?

My father, a single digit handicap, taught me to play golf at an early age. He was a terrific teacher and helped me a great deal as a developing player. Looking back, everything he said was helpful even when the volume and sequence of information was on occasion less than ideal. Although we lived near a course, there was neither a junior program nor a female professional. The only girls I knew that played golf were the ones I met at tournaments. I found golf to be quite solitary and found myself choosing other sports as I got older.

My experience showed me how difficult it can be to stay with golf as a youngster, so part of my motivation to become a PGA professional was to serve as an ambassador for the sport and to help promote its growth. I know how easy it is to walk away from the game if you don't have someone to turn to as a coach or mentor.

2. What is your specialty in the golf business?

My specialties are golf instruction and coaching. In both roles, I firmly believe in the importance of long-term athletic development, and that conviction shapes how I cultivate players to help them live up to their potential.

3. Please list any accomplishments (Awards, Certifications, and Tournaments.)

PGA Member, LGPGA member-Coaching, Golf Business Network-Advisory Board Member, Certified Golf Coaches' Association, Jim McLean-Master Instructor, Golfinfuzion.com-Instructional Staff Writer,

Titleist Staff member, Titleist Performance Institute Golf Fitness Certification (since 2008), Certified Titleist Clubfitter, First Tee of Washington DC-Board Member, Golf BioDynamics, Trained in 3D biomechanics, Top 50 US Kids Teacher-2009

4. What was your greatest moment in golf?

My greatest moments in golf are when students come back to me to share their successes.

5. What or who has had the greatest impact on your career?

Jim McLean has had the greatest impact on my career. We have similar approaches to life, so I especially appreciate his perspective on the game. Jim has many strengths, but if I had to focus on one it would be how he uses and values research. He also has a direct, no-nonsense personality. During Monday Meetings, if you made a comment, you'd better be prepared to support it with sound analysis and specific evidence and not abstractions. Although students would not want or need to know much, if any, of the details of these discussions, they have been exceedingly useful in my day-to-day teaching.

6. Besides golf, what else do you enjoy?

I love living in Washington because it constantly reminds me how global our society is. Half of my friends work on Capitol Hill, and I enjoy interacting with and learning from them. I am an avid reader. I prefer non-fiction, especially books and journals about geo-political events and foreign affairs. But during my peak season, I would just as soon be inside in a dark room on my day off. For all of you who teach all day, you know what I am talking about!

7. If you could play any golf course in the world, which one would it be and who would complete your foursome?

Choosing a favorite golf course is a difficult and subjective undertaking. Do I choose a course I've already played or one that I haven't but *think* would be marvelous? Do I select a course for its architectural genius or its natural landscape? A course like Shadow Creek that spectacularly rivals nature, or another that fabulously showcases it?

But if I had to choose just one course I wish to play (and I had a genie who could grant my wish) I would select Burning Tree because it remains in that handful of top courses that do not permit women to play. So I would need the genie! I'd bring my Dad, Bill Murray, and Lee Trevino. What a fun foursome!

8. If you could give lessons to anyone in the world who would it be and what advice would you give?

If I could teach anyone in the world, I would teach the President of the United States. My instruction would depend on what he (or perhaps "she" someday) was doing and be fit for him. I would treat the lessons like anyone else's I work with and factor in, among other things, strength, experience, and time available for practice to determine an appropriate improvement plan.

9. What is your favorite golf instruction tip?

My favorite golf instruction tip is from Jim McLean, "Be brilliant on the basics."

10. If you have a personal website about your services please list the URL here:

www.TrillGolf.com